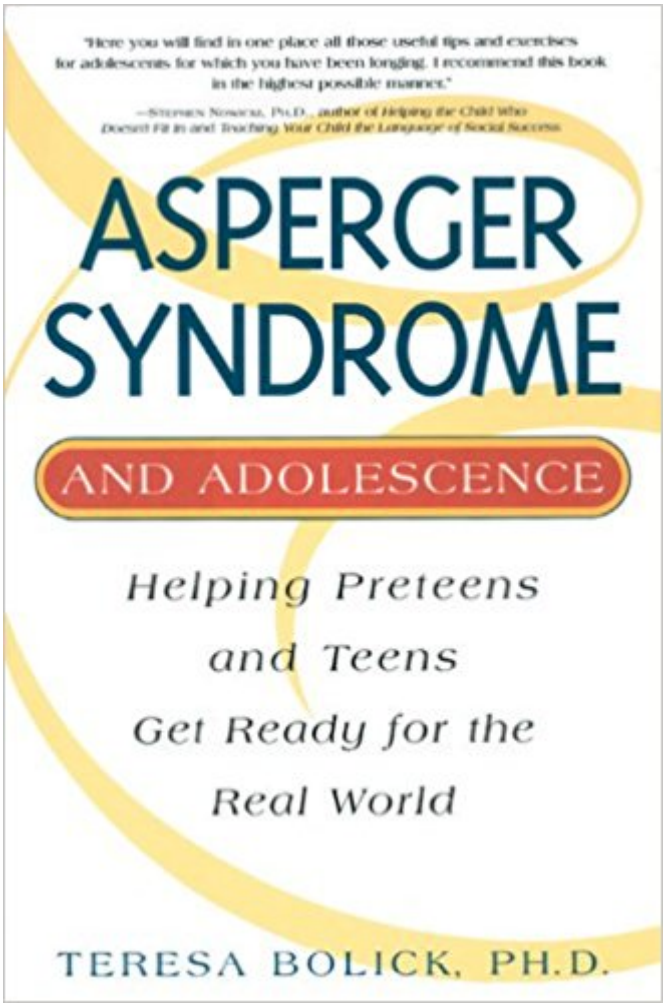
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Asperger Syndrome And Adolescence: Helping Preteens & Teens Get Ready For The Real World



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Synopsis

Sex. Slang. Slumber parties. The preoccupations of adolescents with Asperger Syndrome are no different than those of other teens, but they can be much more confusing. The lack of social skills and ability to grasp conversational nuances that characterize AS make adolescence the most difficult life stage.`Why can I swear in front of my friends, but not in front of the teacher??`Why do I have to pay attention when I?m not interested in what my friend is saying?? `What does it mean to `go out? with somebody?? Asperger Syndrome is characterized by a reliance on clear guidelines, and in adolescence the social guidelines become murky and confusing. In Asperger Syndrome and Adolescence, child psychologist Teresa Bolick presents strategies for helping the ten to eighteen-year-old achieve happiness and success by maximizing the benefits of AS and minimizing the drawbacks.You?ll Learn: -How to work with the school to help the AS child learn and succeed. -Strategies for turning common AS traits like preoccupations and routines into positive strengths. -How to help the AS teen learn to manage unforeseen glitches with grace. -The best ways to talk to your teen about friendship, love, romance, and sex.Along the way, you?ll be inspired by success stories of dozens of AS teens. With the help of this book, you?ll learn that it is possible for an adolescent with Asperger Syndrome to achieve unimaginable success.

Book Information

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Customer Reviews

"Finally! Information for parents of teens! Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World is a wonderful resource. I highly recommend that it be

read not only by parents and professionals who work with teens with AS but also by parents of younger children who wish a glimpse into the future."

aIf a child you love has Asperger Syndrome, you need this book.aTen to eighteen-year-olds face many challenges, and adolescents with AS can have special difficulty navigating through the changes they encounter when they reach middle school. Friends, crushes, schoolworkathe day-to-day lives of teens present complicated issues. Child psychologist and AS specialist Teresa Bolick has solutions for overcoming the obstacles kids with AS face.aPacked with practical advice and full of inspiring stories, "Asperger Syndrome and Adolescence" will be your guidebook as you help a teen with AS down the path toward happiness and success. Youall learn effective techniques for raising a self-sufficient, self-confident teen, and will find inspiration in the dozens of success stories Dr. Bolick shares.a

Excellent book for a guide to helping kids with Asperger. A nice surprise was that it can also be used as a guide for regular children excellent reading and a great help. Thanks

I checked it out from the library and then had to buy it on because there were so many things I wanted to refer back to in the book. I loaned my library copy to my mom...and then she bought herself a copy on ! Although it’s not written to the teen per se, my son read the whole book in two days. He couldn’t put it down - he said it doesn’t talk down to you like you are a two year old like some other books do. The case histories and the tips are very helpful. The layout makes it to go back and read the chapter I want.

This book is practical and helpful. I have learned more about the areas I need to be targeting with my son. It has also increased my awareness of more of the things my son faces on a daily basis and how to approach them better.The Author gives specific ideas of ways to prepare your child for their future and how to get on the same page with them so you are a team and not another problem in you child’s life.The practical advise she gives is great! I love the lists and ideas she shares that I can use to brain storm with which really helps me to get the ball going.Through my sons diagnosis we found out my husband has AS. This book has helped him tremendously understand why some things were/are so difficult for him, like social rules (ex: elbows on the table- the why of it). This book has helped him understand himself and be able to see what is happening in himself better.I would recommend this book for parents, staff that work with AS and for adults with AS. It is a fast read and

very beneficial. I think I am going to have my child read it as well.

This book is organized and very readable. Each section discusses an area where a person with Asperger's Syndrome might have a deficit/challenge. For each "problem" area, there is a short clinical discussion of what the deficiency means (for example, what the heck is "executive function"), then a practical description of how this difficulty might manifest itself in behavior (difficulty with performing particular tasks), and finally some ways that the parent/teacher/other might help the youngster work through or around the problem. This book is my current favorite, as my 11 year old son moves from the shelter of elementary school into the more open middle school environment. The book addresses social skills, academic skills, and has lots of ideas for when and how to help (or keep out of the way!) your child. One section that really impressed me is about special interests, rituals, and routines... The author emphasizes that these need not be viewed as obssessions, compulsions, and rigidity of behavior!

Have read quite a few books on Aspergers and this one is by far the best one I have found that offers not only information on what it is but also HOW to help one overcome some of the "issues" associated with the disorder. It not only highlights the problems young people with AS might have but also gives concrete examples of how to speak "ASD" at thier level. I have Aspergers and I raised an Aspie kid and am mentoring another. I have to say that I have no critique of this Dr's perspectives or even methods. Excellently written and researched.

Even though this book's title targets parents of adolescents, it is immensely helpful from mid-grade school on, or perhaps even earlier. It offers, among other things, pracitical solutions for helping kids to organize information in a way which will make them more likely to succeed in school, and to develop strategies for the future of college and even the work force. I highly recommend this book for anyone who is the parent of a child or teen with Asperger Syndrome!

More and more books are addressing the problems ASD kids encounter in their latter years . Teresa Bolick has written a well thought out and structured book that answers many of the concerns that parents and teachers have. Would you need another book dealing with this area ? I would say...yes. It is such an important time in these kids lives that a comprehensive knowledge is needed by all those that care for these yound adults.reviewed by Special Education Teacher and father of ASD child.

I saw this and ordered it for my sister whose seven year old has Aspbergers Syndrom. She says the book has been on her to read list but she hasn't been able to find it at any of our local libraries. I'm thankful that this seller got it to us promptly and at a magnificent savings so our young aspy can benefit from the tactics and guidance sooner than later. The book was in terrific condition.

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